# **EXTREME POINTS IN SPACES OF POLYNOMIALS**

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ABSTRACT. We determine the extreme points of the unit ball in spaces of complex polynomials (of a fixed degree), living either on the unit circle or on a subset of the real line and endowed with the supremum norm.

#### **Introduction**

Let  $\mathcal{P}_n$  stand for the space of all polynomials with complex coefficients of degree not exceeding *n*. Given a compact set  $E \subset \mathbb{C}$ , one may treat  $\mathcal{P}_n$  as a subspace of  $C(E)$ , the space of continuous functions on  $E$ , and equip it with the maximum norm

$$
||P||_{\infty} = ||P||_{\infty,E} := \max_{z \in E} |P(z)| \qquad (P \in \mathcal{P}_n).
$$

The resulting space will be denoted by  $\mathcal{P}_n(E)$ . We write

 $ball(\mathcal{P}_n(E)) := \{ P \in \mathcal{P}_n : ||P||_{\infty,E} \leq 1 \}$ 

for the unit ball of  $\mathcal{P}_n(E)$ , and we shall be concerned with the extreme points of this ball. (As usual, an element of a convex set *S* is said to be its extreme point if it is not the midpoint of any nondegenerate segment contained in *S*.)

In this paper, we explicitly characterize the extreme points of ball( $\mathcal{P}_n(E)$ ) in the case where *E* is either the circle  $\mathbb{T} := \{z \in \mathbb{C} : |z| = 1\}$  or a perfect compact subset of the real line R. The description obtained is, perhaps, a bit more complicated than one could at first expect; however, the complexity seems to be in the nature of things.

Let us begin by recalling that the extreme points of the unit ball in  $L^{\infty}(\mathbb{T})$  – or in  $C(\mathbb{T})$  – are precisely the functions of modulus 1. (The same applies to other sets in place of  $\mathbb{T}$ .) Further, in the space  $H^{\infty}$  of bounded analytic functions on  $\{|z| < 1\}$ , as well as in the disk algebra  $H^{\infty} \cap C(\mathbb{T})$ , the extreme points are known to be the unit-norm functions  $f$  with  $\int_{\mathbb{T}} \log(1 - |f(z)|^2)|dz| = -\infty$ ; see  $[H, Chap. 9].$ 

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Yet another relevant example is provided by a theorem of Konheim and Rivlin [KR], dealing with the space  $\mathcal{P}_n^{\mathbb{R}}(I)$  of all *real* polynomials of degree  $\leq n$  on the segment  $I := [-1, 1]$ . The theorem states that a unit-norm polynomial P is an extreme point of ball  $(\mathcal{P}_n^{\mathbb{R}}(I))$  if and only if  $\mathcal{N}_I(1 - P^2) > n$ ; here  $\mathcal{N}_I(f)$  is the total number of zeros (multiplicities included) that *f* has on *I*. A similar result holds for real trigonometric polynomials on T; see [R] or Proposition 1 in Section 1 below.

With these examples in mind, one might be tempted to believe that, in order to recognize the extreme points among all unit-norm elements *P* of the complex space  $\mathcal{P}_n(E)$  (say, with  $E = \mathbb{T}$  or  $E = I$ ), one only needs to know "how often" |P| takes the extremal value 1 on *E*. In other words, one might seek to characterize the extreme points  $P$  in terms of the zeros – and their multiplicities – of the polynomial  $1 - |P|^2$ . (Strictly speaking,  $1 - |P|^2$  is a trigonometric polynomial for  $P \in \mathcal{P}_n(\mathbb{T})$  and a true polynomial when *P* lives on  $\mathbb{R}$ .)

However, no such thing can be done. Indeed, along with solving the two versions of the problem in Sections 1 and 2 (one of these deals with the circle, and the other with subsets of  $\mathbb{R}$ ), we also construct in each case a pair of unitnorm polynomials  $P_1$ ,  $P_2$  in  $\mathcal{P}_n(E)$  satisfying

$$
1 - |P_1|^2 = 2\left(1 - |P_2|^2\right),
$$

so that  $P_1$  is a non-extreme point of ball $(\mathcal{P}_n(E))$ , while  $P_2$  is extreme. In fact, the construction is carried out for the smallest possible value of *n*, which equals 2 when  $E = T$ , and 3 when *E* is a real segment.

In conclusion, we briefly mention the  $L<sup>1</sup>$  counterpart of the problem, i.e., the problem of determining the extreme points of the unit ball in certain *L*<sup>1</sup>-spaces of polynomials. Here, the real case was settled by Garkavi [G] and the complex case by the author [D]. Garkavi's, as well as Konheim and Rivlin's results were then rediscovered – or reproved – by Parnes in  $[P]$ , where the current problem (the case of complex polynomials on T with the sup-norm) was also considered, but not solved.

I thank Evgeny Abakumov for bringing Parnes' work to my attention.

### **1. Polynomials on the circle**

Among the unit-norm polynomials in  $\mathcal{P}_n(\mathbb{T})$ , we single out the class of mono*mials*; these are of the form  $cz^k$ , where  $c \in \mathbb{C}$ ,  $|c| = 1$  and  $0 \leq k \leq n$ . Of course, every monomial is an extreme point of ball $(\mathcal{P}_n(\mathbb{T}))$ .

Now if  $P \in \mathcal{P}_n(\mathbb{T})$  satisfies  $||P||_{\infty} = 1$  and is distinct from a monomial, let  $z_1, \ldots, z_N$  be an enumeration of the (nonempty) set  $\{z \in \mathbb{T} : |P(z)| = 1\}.$ The points  $z_1, \ldots, z_N$  are thus the distinct zeros of  $1 - |P|^2$  lying on T, and the multiplicities of these zeros will be denoted by  $2\mu_1, \ldots, 2\mu_N$ . The  $\mu_j$ 's are positive integers, and their sum

$$
\mu:=\sum_{j=1}^N \mu_j
$$

does not exceed *n*. To see why, note that the function  $z \mapsto 1 - |P(z)|^2$  (living on  $\mathbb{T}$ ) is a nonnegative trigonometric polynomial of degree  $\leq n$ , not vanishing identically. Therefore, its zeros lying on T are necessarily of even order, while the total number of its zeros (multiplicities included) is at most  $2n$ . Hence  $2\mu_1 + \cdots + 2\mu_N \leq 2n$ , so that  $\mu \leq n$ , as claimed above.

Next, for  $z = e^{it} \in \mathbb{T}$  and  $k \in \mathbb{N}$ , consider the Wronski-type matrix

$$
W(z;k) = \begin{pmatrix} \overline{z}^{\mu/2} P(z) & \overline{z}^{\mu/2+1} P(z) & \dots & \overline{z}^{n-\mu/2} P(z) \\ (\overline{z}^{\mu/2} P(z))' & (\overline{z}^{\mu/2+1} P(z))' & \dots & (\overline{z}^{n-\mu/2} P(z))' \\ \dots & \dots & \dots & \dots & \dots \\ (\overline{z}^{\mu/2} P(z))^{(k-1)} & (\overline{z}^{\mu/2+1} P(z))^{(k-1)} & \dots & (\overline{z}^{n-\mu/2} P(z))^{(k-1)} \end{pmatrix}.
$$

The exponent  $n - \mu/2$  in the last column should be viewed as  $\mu/2 + (n - \mu)$ ; thus,  $W(z; k)$  is a  $k \times (n - \mu + 1)$  matrix. The derivatives involved are with respect to the real variable  $t = \arg z$ .

Let  $W_{\mathfrak{R}}(z; k)$  and  $W_{\mathfrak{I}}(z; k)$  stand for the real and imaginary parts of  $W(z; k)$ , respectively. Finally, we need the block matrix

$$
W_P = \begin{pmatrix} W_{\Re}(z_1; \mu_1) & W_{\Im}(z_1; \mu_1) \\ W_{\Re}(z_2; \mu_2) & W_{\Im}(z_2; \mu_2) \\ \dots & \dots & \dots \\ W_{\Re}(z_N; \mu_N) & W_{\Im}(z_N; \mu_N) \end{pmatrix}.
$$

Here, each "entry"  $W_{\Re}(z_j; \mu_j)$  or  $W_{\Im}(z_j; \mu_j)$  is actually a  $\mu_j \times (n - \mu + 1)$ submatrix, as defined above, where everything is computed at the point  $z_j$ . In particular,  $W_P$  is a  $\mu \times 2(n - \mu + 1)$  matrix, and its rank is therefore bounded by  $\min(\mu, 2(n - \mu + 1)).$ 

**Theorem 1.** Let  $P \in \mathcal{P}_n(\mathbb{T})$ ,  $||P||_{\infty} = 1$ . The following are equivalent.

- (i) *P* is an extreme point of ball $(\mathcal{P}_n(\mathbb{T}))$ .
- (ii) *Either P is a monomial, or rank*  $W_P = 2(n \mu + 1)$ *.*

The proof will be preceded by a brief discussion.

First of all, the condition rank  $W_P = 2(n - \mu + 1)$  can only be met if  $\mu \geq$  $2(n - \mu + 1)$ , i.e., if  $\mu \geq \frac{2}{3}(n + 1)$ . (The weaker condition  $\mu > n/2$  was pointed out in  $[P]$  as necessary in order that  $P$  be an extreme point.) The inequalities  $\frac{2}{3}(n+1) \leq \mu \leq n$  being incompatible for  $n=0$  and  $n=1$ , there are no nontrivial extreme points for these *n*. (Here and below, "nontrivial" means "distinct from a monomial".) Now for  $n = 2, 3, 4$ , the two inequalities – in conjunction with the fact that  $\mu \in \mathbb{N}$  – reduce to the condition  $\mu = n$ , which must be therefore fulfilled by each nontrivial extreme point P of ball $(\mathcal{P}_n(\mathbb{T}))$ .

On the other hand, for  $n \geq 2$ , the nontrivial extreme points P with  $\mu = n$  are characterized by the condition rank  $W_P = 2$ , which means that the two columns of *W<sup>P</sup>* are linearly independent. This, in turn, is equivalent to saying that there

is no straight line in C passing through the origin and containing the set

$$
\bigcup_{j=1}^N \left\{ \overline{z}_j^{n/2} P(z_j), \left( \overline{z}^{n/2} P \right)'(z_j), \ldots, \left( \overline{z}^{n/2} P \right)^{(\mu_j - 1)}(z_j) \right\}.
$$

Now let us consider an example.

**Example 1.** Put  $P_0(z) := \frac{1}{2}(z + z^{-1})$ , so that  $P_0(e^{it}) = \cos t$ ; then define

$$
P_1(z) := z P_0(z) = \frac{1}{2}(z^2 + 1)
$$

and

$$
P_2(z) := \frac{z}{\sqrt{2}} (P_0(z) + i) = \frac{1}{2\sqrt{2}} (z^2 + 2iz + 1).
$$

Clearly,  $P_1$  and  $P_2$  are unit-norm polynomials in  $\mathcal{P}_2(\mathbb{T})$ . In fact, for  $z = e^{it} \in \mathbb{T}$ ,

$$
|P_1(z)|^2 = P_0^2(z) = \cos^2 t
$$

and

$$
|P_2(z)|^2 = \frac{1}{2} (P_0^2(z) + 1) = \frac{1}{2} (\cos^2 t + 1).
$$

In particular,

$$
1 - |P_1(z)|^2 = 2\left(1 - |P_2(z)|^2\right), \qquad z \in \mathbb{T}
$$

(indeed, both sides equal  $\sin^2 t$ ), and so the two polynomials have the same  $z_j$ 's and  $\mu_j$ 's. Specifically, these are  $z_1 = 1$ ,  $z_2 = -1$  (or vice versa) and  $\mu_1 = \mu_2 = 1$ , so that  $N = \mu = n = 2$ .

However, while  $P_1$  is the arithmetic mean of two monomials,  $z^2$  and 1, and hence a *non-extreme* point of ball $(\mathcal{P}_2(\mathbb{T}))$ , it turns out that  $P_2$  is an *extreme* point thereof. This last fact follows by Theorem 1, since the matrix

$$
W_{P_2} = \begin{pmatrix} \Re(P_2(1)) & \Im(P_2(1)) \\ \Re(-P_2(-1)) & \Im(-P_2(-1)) \end{pmatrix} = \frac{1}{\sqrt{2}} \begin{pmatrix} 1 & 1 \\ -1 & 1 \end{pmatrix}
$$

has rank 2.

The proof of Theorem 1 will rely on two elementary observations. The first of these, stated for an arbitrary compact set  $E \subset \mathbb{C}$ , will also be used when proving Theorem 2 in the next section.

**Observation 1.** Clearly, a given unit-norm polynomial  $P \in \mathcal{P}_n$  is an extreme point of ball $(\mathcal{P}_n(E))$  if and only if the only polynomial  $Q \in \mathcal{P}_n$  satisfying

(1.1) 
$$
||P + Q||_{\infty} \le 1
$$
 and  $||P - Q||_{\infty} \le 1$ 

is  $Q \equiv 0$ . Rewriting (1.1) as

$$
|P \pm Q|^2 = |P|^2 \pm 2\Re(\overline{P}Q) + |Q|^2 \le 1
$$

and noting that  $\max(x, -x) = |x|$  for all  $x \in \mathbb{R}$ , we see that *P* is extreme iff there is no nontrivial  $Q \in \mathcal{P}_n$  for which

(1.2) 
$$
2|\Re(\overline{P}Q)| + |Q|^2 \le 1 - |P|^2
$$

everywhere on *E*.

**Observation 2.** If  $z = e^{it}$  and  $\zeta_j = e^{it_j}$   $(j = 1, ..., N)$  are points of T, and if  $k_1, \ldots, k_N$  are positive integers with  $\sum_{j=1}^{N} k_j = k$ , then the identities

$$
z - \zeta_j = 2ie^{it_j/2}e^{it/2}\sin\frac{t-t_j}{2}
$$

yield

(1.3) 
$$
\prod_{j=1}^{N} (z - \zeta_j)^{k_j} = ce^{ikt/2} \prod_{j=1}^{N} \left( \sin \frac{t - t_j}{2} \right)^{k_j},
$$

where

$$
c = (2i)^k \prod_{j=1}^N \exp\left(\frac{ik_j t_j}{2}\right).
$$

*Proof of Theorem 1.* (ii)  $\implies$  (i). We shall assume that *P* is distinct from a monomial (otherwise, it is obviously extreme) and that rank  $W_P = 2(n - \mu + 1)$ . Now suppose (1.2) holds for some  $Q \in \mathcal{P}_n$ . In particular, we have then

$$
|Q(z)|^2 \le 1 - |P(z)|^2, \qquad z \in \mathbb{T},
$$

and so, for  $j = 1, \ldots, N$ , the polynomial *Q* vanishes at  $z_j$  with multiplicity at least  $\mu_j$ . (Recall that the multiplicity of  $z_j$  as a zero of  $1 - |P|^2$  is  $2\mu_j$ .) Hence *Q* is divisible by  $\prod_{j=1}^{N} (z - z_j)^{\mu_j}$  and takes the form

(1.4) 
$$
Q(z) = Q_0(z) \cdot z^{\mu/2} \prod_{j=1}^N \left( \sin \frac{t - t_j}{2} \right)^{\mu_j}, \qquad z = e^{it} \in \mathbb{T},
$$

for some  $Q_0 \in \mathcal{P}_{n-\mu}$ ; by  $t_j$  we now denote arg  $z_j$ . Here, to arrive at (1.4), we have used (1.3) with  $z_j$  in place of  $\zeta_j$  and with  $\mu_j$  (resp.,  $\mu$ ) in place of  $k_j$  (resp., *k*). From (1.4) we get

(1.5) 
$$
\mathfrak{R}\left(\overline{P}(z)Q(z)\right) = \prod_{j=1}^N \left(\sin\frac{t-t_j}{2}\right)^{\mu_j} \mathfrak{R}\left(z^{\mu/2}\overline{P}(z)Q_0(z)\right).
$$

Combining this with the fact that

$$
\left| \Re \left( \overline{P}(z) Q(z) \right) \right| \leq 1 - |P(z)|^2
$$

(which is contained in (1.2)) yields

$$
(1.6)\left|\Re\left(z^{\mu/2}\overline{P}(z)Q_0(z)\right)\right| \le (1-|P(z)|^2)\prod_{j=1}^N\left|\sin\frac{t-t_j}{2}\right|^{-\mu_j}, \quad z=e^{it}\in\mathbb{T}.
$$

The right-hand side of (1.6) being  $O(|z - z_j|^{\mu_j})$  as  $z \to z_j$ , the left-hand side must also vanish at each  $z_j$  with multiplicity at least  $\mu_j$ . In other words, for each  $j = 1, \ldots, N$ , one has

(1.7) 
$$
\Re\left(z^{\mu/2}\overline{P}Q_0\right)^{(l)}(z_j) = 0 \qquad (l = 0, 1, \dots, \mu_j - 1).
$$

Putting

$$
Q_0(z) = \sum_{k=0}^{n-\mu} (c_k + id_k) z^k
$$

and substituting this into (1.7), we obtain

(1.8) 
$$
\sum_{k=0}^{n-\mu} c_k \Re \left( z^{\mu/2 + k} \overline{P} \right)^{(l)}(z_j) - \sum_{k=0}^{n-\mu} d_k \Im \left( z^{\mu/2 + k} \overline{P} \right)^{(l)}(z_j) = 0
$$

$$
(j = 1, ..., N; l = 0, 1, ..., \mu_j - 1),
$$

which can be viewed as a homogeneous system of  $\mu_1 + \cdots + \mu_N = \mu$  linear equations with  $2(n-\mu+1)$  real unknowns  $c_0, \ldots, c_{n-\mu}, d_0, \ldots, d_{n-\mu}$ . The matrix of this system is precisely  $W_P$ , and the hypothesis rank  $W_P = 2(n - \mu + 1)$  implies that the only solution is

$$
c_0 = \dots = c_{n-\mu} = d_0 = \dots = d_{n-\mu} = 0.
$$

Thus  $Q_0 \equiv 0$ , whence also  $Q \equiv 0$ , and P is an extreme point.

 $(i) \Longrightarrow (ii)$ . The above argument can be essentially reversed. Indeed, suppose that (ii) fails, so that *P* is distinct from a monomial and rank  $W_P < 2(n - \mu + 1)$ . The homogeneous system (1.8) has then a nontrivial solution, and the equations (1.7) hold for  $j = 1, ..., N$  with some  $Q_0 \in \mathcal{P}_{n-\mu}$ ,  $Q_0 \not\equiv 0$ . Multiplying  $Q_0$  by a number  $\varepsilon > 0$  (if necessary), we may assume in addition that the norm  $||Q_0||_{\infty}$ is appropriately small; we shall specify our choice later.

Now that we have such a  $Q_0$  at our disposal, let us define  $Q$  by  $(1.4)$ , where, as before, it is understood that  $z_j = e^{it_j}$ . By Observation 2, we have  $Q \in \mathcal{P}_n$ ; we also remark that  $Q \neq 0$ , because  $Q_0 \neq 0$ , and that (1.5) holds true.

We further claim that

(1.9) 
$$
|Q(z)|^2 = O(1 - |P(z)|^2), \qquad z \in \mathbb{T},
$$

and

(1.10) 
$$
\left| \Re \left( \overline{P}(z) Q(z) \right) \right| = O \left( 1 - |P(z)|^2 \right), \qquad z \in \mathbb{T}.
$$

Indeed, (1.9) is fulfilled because *Q* is divisible by  $\prod_{j=1}^{N} (z - z_j)^{\mu_j}$ , and so  $|Q(z)|^2$ vanishes at those points of  $\mathbb{T}$  (viz.,  $z_1, \ldots, z_N$ ) where  $1 - |P(z)|^2$  does, with at least the same multiplicities (viz.,  $2\mu_1, \ldots, 2\mu_N$ ). Similarly, to verify (1.10), one checks that its left-hand side has a zero at each  $z_j$  of multiplicity  $\geq 2\mu_j$ ; this is due to (1.5) and (1.7).

In view of the above discussion, we could have started with a  $Q_0$  for which the quantity  $||Q_0||_{\infty}$ , and hence also the "big oh" constants in (1.9) and (1.10), are as small as desired. In particular, a suitable choice ensures that

$$
|Q(z)|^2 \le \frac{1}{2} (1 - |P(z)|^2) , \qquad z \in \mathbb{T},
$$

and

$$
2\left|\Re\left(\overline{P}(z)Q(z)\right)\right|\leq\frac{1}{2}\left(1-|P(z)|^2\right),\qquad z\in\mathbb{T}.
$$

Summing, we arrive at (1.2) and conclude that *P* is not an extreme point. The  $\Box$  proof is complete.

One might also consider the space  $T_n$  of all *trigonometric polynomials* of degree  $≤ n$ ; these are, by definition, functions of the form  $\sum_{k=-n}^{n} c_k z^k$  living on T. A trigonometric polynomial  $T \in \mathcal{T}_n$  is an extreme point of ball $(\mathcal{T}_n)$  if and only if  $z^n$  is an extreme point of ball( $\mathcal{P}_{2n}$ ). Thus, the extreme points *T* of ball( $\mathcal{T}_n$ ) are actually described by Theorem 1, where obvious adjustments are needed: one should first replace *n* by  $2n$ , and then *P* by  $z^nT$ . (Of course, the monomials in the theorem's statement should now include those with negative exponents, too.)

Finally, we briefly discuss the subspace  $\mathcal{T}_n^{\mathbb{R}}$  of real-valued functions in  $\mathcal{T}_n$ ; a trigonometric polynomial  $\sum_{k=-n}^{n} c_k z^k$  is thus in  $\mathcal{T}_n^{\mathbb{R}}$  iff  $c_{-k} = \overline{c}_k$  for  $|k| \leq n$ . As before, given a nonconstant  $P \in \mathcal{T}_n^{\mathbb{R}}$  with  $||P||_{\infty} = 1$ , we let  $z_j = e^{it_j}$  (*j* =  $1, \ldots, N$ ) be the distinct zeros that the (nonnegative) trigonometric polynomial 1 −  $P^2$  happens to have on T; the (even) multiplicity of the zero  $z_j$  is again denoted by  $2\mu_j$ , and we write  $\mu = \sum_{j=1}^N \mu_j$ . This time, however,  $1 - P^2$  is of degree  $\leq 2n$ , so the only *a priori* estimate on  $\mu$  is that  $\mu \leq 2n$ . As to the constant polynomials  $P \equiv 1$  and  $P \equiv -1$ , for each of these we put  $\mu = +\infty$ .

The following proposition is a trigonometric version of the Konheim–Rivlin result that can be found in [R]; a short self-contained proof will be given here for the sake of completeness.

**Proposition 1.** Let  $P \in \mathcal{T}_n^{\mathbb{R}}$ ,  $||P||_{\infty} = 1$ . Then *P* is an extreme point of ball  $(T_n^{\mathbb{R}})$  *if and only if*  $\mu > n$ .

*Proof.* To prove the "if" part, assume that  $\mu > n$  and that (1.1) holds for some  $Q \in \mathcal{T}_n^{\mathbb{R}}$ . We have then  $\pm P \pm Q \leq 1$  on  $\mathbb{T}$ , where the signs can be chosen in the four possible ways. Consequently,

$$
|Q| \le 1 - |P| \le 1 - P^2.
$$

Now since the right-hand side has in total  $2\mu$  ( $> 2n$ ) zeros on T, while *Q* is of degree  $\leq n$ , it follows that  $Q \equiv 0$  and P is an extreme point.

To establish the "only if" part, assume that  $\mu \leq n$  and put

$$
Q(e^{it}) := \varepsilon \prod_{j=1}^N \left( \sin \frac{t - t_j}{2} \right)^{2\mu_j},
$$

with a suitable  $\varepsilon > 0$ . Then  $Q \in \mathcal{T}_n^{\mathbb{R}}$ , and making  $\varepsilon$  sufficiently small we can arrange it so that

$$
|Q| \le \frac{1}{2} (1 - P^2) \le 1 - |P|.
$$

From this, (1.1) follows immediately, and *P* fails to be extreme.

We remark, in conclusion, that every nonconstant trigonometric polynomial in ball  $(\mathcal{T}_n^{\mathbb{R}})$  is a non-extreme point of ball  $(\mathcal{T}_n)$ , the unit ball of the *complex* space  $\mathcal{T}_n$ .

#### **2. Polynomials on subsets of** R

Let *K* be a perfect compact subset of  $\mathbb{R}$  (as usual, "perfect" means "having no isolated points"), and let P be a nonconstant polynomial in  $\mathcal{P}_n(K)$  with  $||P||_{\infty} = 1$ . Here and throughout this section,  $||P||_{\infty}$  stands for  $||P||_{\infty,K} :=$  $\max_{x \in K} |P(x)|$ . (Likewise, some of the other symbols below should not be confused with their namesakes in Section 1.)

Further, let  $x_1, \ldots, x_N$  be the distinct elements of the set  $\{x \in K : |P(x)| =$ 1}, and let  $m_1, \ldots, m_N$  denote the respective multiplicities of these points, regarded as zeros for  $1 - |P|^2$ . (We remark that  $m_j$  need not be even, unless  $x_j$ is an interior point for *K*.) The function  $x \mapsto 1 - |P(x)|^2$  being a polynomial of degree  $\leq 2n$ , we have  $m_1 + \cdots + m_N \leq 2n$ . Next, we introduce the numbers

$$
\mu_j := \left[\frac{m_j+1}{2}\right] \qquad (j=1,\ldots,N),
$$

where  $[\cdot]$  denotes the integral part, and their sum  $\mu := \sum_{j=1}^{N} \mu_j$ . Finally, let M be the number of those *j*'s for which  $m_j \geq 2$ . Thus  $0 \leq M \leq N$ , and we may assume that the inequality  $m_j \geq 2$  holds precisely for  $1 \leq j \leq M$ .

For a constant polynomial  $P \equiv c$  with  $|c| = 1$ , we put  $\mu = +\infty$ .

Now suppose P is a unit-norm polynomial in  $\mathcal{P}_n(K)$  with the property  $\mu \leq n$ . To such a *P*, we associate the Wronski-type matrix

$$
W(x;k) = \begin{pmatrix} P(x) & xP(x) & \dots & x^{n-\mu}P(x) \\ P'(x) & (xP(x))' & \dots & (x^{n-\mu}P(x))' \\ \dots & \dots & \dots & \dots \\ P^{(k-1)}(x) & (xP(x))^{(k-1)} & \dots & (x^{n-\mu}P(x))^{(k-1)} \end{pmatrix},
$$

where  $x \in \mathbb{R}$  and  $k \in \mathbb{N}$ . The real and imaginary parts of  $W(x; k)$  will be denoted by  $W_{\mathfrak{R}}(x;k)$  and  $W_{\mathfrak{I}}(x;k)$ . This said, we form the block matrix

$$
W_P = \begin{pmatrix} W_{\Re}(x_1; m_1 - \mu_1) & W_{\Im}(x_1; m_1 - \mu_1) \\ W_{\Re}(x_2; m_2 - \mu_2) & W_{\Im}(x_2; m_2 - \mu_2) \\ \cdots & \cdots & \cdots \\ W_{\Re}(x_M; m_M - \mu_M) & W_{\Im}(x_M; m_M - \mu_M) \end{pmatrix},
$$

which has  $\sum_{j=1}^{N} m_j - \mu$  rows and  $2(n - \mu + 1)$  columns. In the case that  $M = 0$ (i.e., when  $m_j = \mu_j = 1$  for all *j*), it is understood that  $W_P$  is the zero matrix (of any order), so that rank  $W_P = 0$ .

**Theorem 2.** Let  $P \in \mathcal{P}_n(K)$  and  $||P||_{\infty} = 1$ . The following are equivalent.

- (i) *P* is an extreme point of ball  $(\mathcal{P}_n(K))$ .
- (ii) Either  $\mu > n$ , or rank  $W_P = 2(n \mu + 1)$ .

One easily checks that for  $n \leq 2$ , condition (ii) reduces to just saying that  $\mu > n$ . It is for  $n \geq 3$  that things become more complicated, as the following example shows.

**Example 2.** Let  $K = [-1, 2]$ , and put

$$
P_1(x) := \frac{1}{2}(x^3 - 3x),
$$
  $P_2(x) := \frac{1}{\sqrt{2}} (P_1(x) + i).$ 

One easily verifies that  $|P_1(x)| \leq 1$  for  $x \in K$ , the equality being attained at the points

$$
(2.1) \t\t x_1 = -1, \t x_2 = 1, \t x_3 = 2.
$$

Then one deduces a similar fact for  $P_2$  by noting that

$$
|P_2(x)|^2 = \frac{1}{2} (P_1^2(x) + 1).
$$

Thus,  $P_1$  and  $P_2$  are unit-norm elements of  $\mathcal{P}_3(K)$ . Furthermore,

$$
1 - P_1^2(x) = 2\left(1 - |P_2(x)|^2\right) = -\frac{1}{4}(x+2)(x+1)^2(x-1)^2(x-2).
$$

The zeros of this last polynomial belonging to *K* (i.e., the common  $x_j$ 's for  $P_1$ and  $P_2$ ) are given by  $(2.1)$ , and the corresponding (common) multiplicities are

$$
m_1 = 2
$$
,  $m_2 = 2$ ,  $m_3 = 1$ .

Hence  $\mu_1 = \mu_2 = \mu_3 = 1$ , so that  $N = \mu = n = 3$  and  $M = 2$ . Theorem 2 tells us now that  $P_1$  is a non-extreme point of ball  $(\mathcal{P}_3(K))$ , while  $P_2$  is extreme. Indeed, the polynomial  $P_1$  being real-valued, the second column of the  $(2 \times 2)$ -matrix  $W_{P_1}$  is null, whence rank  $W_{P_1} = 1$ , whereas the matrix

$$
W_{P_2} = \begin{pmatrix} \Re(P_2(-1)) & \Im(P_2(-1)) \\ \Re(P_2(1)) & \Im(P_2(1)) \end{pmatrix} = \frac{1}{\sqrt{2}} \begin{pmatrix} 1 & 1 \\ -1 & 1 \end{pmatrix}
$$

has rank 2.

*Proof of Theorem 2.* (ii)  $\implies$  (i). Suppose (1.1) is fulfilled for some  $Q \in \mathcal{P}_n$ . Then (1.2) holds everywhere on *K*, whence in particular

$$
|Q(x)|^2 \le 1 - |P(x)|^2, \qquad x \in K.
$$

Here, the right-hand side is  $O(|x - x_j|^{m_j})$  as  $x \to x_j$ , and so

(2.2) 
$$
Q(x) = O(|x - x_j|^{m_j/2})
$$
 as  $x \to x_j, x \in K$ .

Since *Q* is a polynomial, while  $\mu_j$  is the smallest integer in the interval  $[m_j/2,\infty)$ , it actually follows from (2.2) that *Q* has a zero of multiplicity  $\geq \mu_j$  at  $x_j$ . Hence

(2.3) 
$$
Q(x) = Q_0(x) \prod_{j=1}^{N} (x - x_j)^{\mu_j}
$$

for some polynomial *Q*0.

Now if  $\mu > n$ , then (2.3) is only possible for  $Q \equiv 0$ , which implies that *P* is an extreme point.

It remains to consider the case where  $\mu \leq n$  and rank  $W_P = 2(n - \mu + 1)$ . In this case, (2.3) holds for some  $Q_0 \in \mathcal{P}_{n-\mu}$ , and we write

(2.4) 
$$
Q_0(x) = \sum_{k=0}^{n-\mu} (c_k + id_k) x^k
$$

with  $c_k, d_k \in \mathbb{R}$ . Also, (2.3) yields

(2.5) 
$$
\mathfrak{R}\left(\overline{P}(x)Q(x)\right) = \prod_{j=1}^N (x-x_j)^{\mu_j} \mathfrak{R}\left(\overline{P}(x)Q_0(x)\right).
$$

Substituting this into the inequality

$$
\left| \Re \left( \overline{P}(x) Q(x) \right) \right| \le 1 - |P(x)|^2, \qquad x \in K
$$

(which is a consequence of  $(1.2)$ ), we get

(2.6) 
$$
\prod_{j=1}^{N} |x - x_j|^{\mu_j} \left| \Re \left( \overline{P}(x) Q_0(x) \right) \right| \leq 1 - |P(x)|^2, \qquad x \in K.
$$

The right-hand side of (2.6) being  $O(|x-x_j|^{m_j})$  as  $x \to x_j$ , we deduce that

(2.7) 
$$
\mathfrak{R}\left(\overline{P}(x)Q_0(x)\right) = O\left(|x-x_j|^{m_j-\mu_j}\right) \text{ as } x \to x_j, x \in K.
$$

Here, the restriction  $x \in K$  can be actually dropped (i.e., replaced by  $x \in \mathbb{R}$ ), since  $\Re(\overline{P}Q_0)$  is a polynomial. Thus (2.7) tells us that  $\Re(\overline{P}Q_0)$  vanishes at *x*<sup>*j*</sup> with multiplicity at least  $m_j - \mu_j$ ; of course, this is only meaningful for  $1 \leq j \leq M$ , since otherwise  $m_j = \mu_j = 1$ . Therefore,

(2.8) 
$$
\Re(\overline{P}Q_0)^{(l)}(x_j) = 0
$$
  $(1 \le j \le M, 0 \le l \le m_j - \mu_j - 1).$ 

With (2.4) plugged in, (2.8) becomes a homogeneous system of linear equations with respect to the unknowns  $c_0, \ldots, c_{n-\mu}, d_0, \ldots, d_{n-\mu}$ . The matrix of the system is  $W_P$ , and the hypothesis rank  $W_P = 2(n - \mu + 1)$  ensures that the only solution is the trivial one. Hence  $Q_0 \equiv 0$ , which implies  $Q \equiv 0$  and proves that *P* is an extreme point.

(i)  $\implies$  (ii). Conversely, if  $\mu \leq n$  and rank  $W_P$  < 2(*n* − *µ* + 1), then the homogeneous system just mentioned has a nontrivial solution, so that (2.8) holds with some  $Q_0 \in \mathcal{P}_{n-\mu}$ ,  $Q_0 \neq 0$ . Now if the norm  $||Q_0||_{\infty}$  is appropriately small (which can be safely assumed), then the nontrivial polynomial  $Q \in \mathcal{P}_n$  defined by (2.3) will satisfy

(2.9) 
$$
|Q|^2 \le \frac{1}{2} (1 - |P|^2)
$$

and

(2.10) 
$$
2\left|\Re\left(\overline{P}Q\right)\right| \leq \frac{1}{2}\left(1-|P|^2\right)
$$

everywhere on *K*. Indeed, for  $j = 1, \ldots, N$ , the left-hand sides of (2.9) and  $(2.10)$  vanish at  $x_j$  with multiplicity at least  $m_j$  each. (To see why, recall that  $2\mu_j \geq m_j$  and use the relations (2.5) and (2.8).)

Taken together, (2.9) and (2.10) yield (1.2), and we conclude that *P* fails to be extreme in ball  $(\mathcal{P}_n(K))$ .

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