## VOLUME, CHEEGER AND GROMOV

#### Itai Benjamini

ABSTRACT. It is shown that a manifold of bounded local geometry with Cheeger constant bigger than h and Gromov hyperbolicity constant smaller than  $\delta$  has either infinite volume or it's volume is bounded by a function depending only on h and  $\delta$  and the bounded geometry parameters.

#### 1. Introduction

In this note we will restrict the discussion to the set of complete Riemannian manifolds M of some fixed dimension n, with all sectional curvatures bounded from below by say -1, and injectivity radius bigger than  $r_0 > 0$ . Our goal is to prove the following.

**Theorem 1.** Given  $h, \delta > 0$ , assume the Cheeger constant of M is bigger than h and the Gromov hyperbolicity constant of M is smaller than  $\delta$ , then either M has infinite volume or it's diameter is bounded by  $f(h, \delta) < \infty$ , a function which depends only on  $\delta$  and h and the bounded geometry parameters.

Since we assume bounded geometry with fixed bounds, a bound on the diameter implys a bound on the volume.

The theorem was inspired by a related result from Benjamini (1998).

We start with definitions.

## Definition (Cheeger constant).

$$h(M) = \inf \frac{\operatorname{Area}(\partial A)}{\min(\operatorname{Vol}(A),\operatorname{Vol}(A^c))},$$

where A runs over open subsets of M with finite volume.  $A^c$  is the compliment of A,  $\partial A$  is the boundary of A, Area( $\partial A$ ) denotes the (n-1)-dimensional volume of  $\partial A$ , and Vol denotes n-dimensional volume.

**Definition** ( $\delta$ -hyperbolic). Let M be a manifold. Given three points  $a, b, c \in M$ , pick geodesics between any two to get a geodesic triangle. Denote the geodesics by [a, b], [a, c], [b, c]. Say the triangle is  $\delta$ -thin if for any  $p \in [a, b]$ 

$$\min(d(p, [a, c]), d(p, [b, c])) \le \delta,$$

and the same for  $p \in [a, c]$  or [b, c]. M is said to be  $\delta$ -hyperbolic if all geodesic triangles in M are  $\delta$ -thin. Let

$$\delta(M) = \inf\{\delta | M \text{ is } \delta\text{-thin}\}.$$

Received May 4, 1998.

Note that the real hyperbolic spaces  $\mathbb{H}^n$  have infinite volume, strictly positive Cheeger constant and finite hyperbolicity constant.

#### 2. Proof

Proof. Given M let h = h(M),  $\delta = \delta(M)$  and assume that d is chosen so that for any ball  $B(a,r) \subset M$  with radius r > 1,  $Vol(B(a,r)) < d^r$ . Such a d exists and depends only on the dimension and the bounded geometry conditions we assumed at the start. See for instance Chavel (1993).

From now on we will assume M has finite volume. Since M has bounded geometry it is compact. Set  $R = \log_d \operatorname{Vol}(M)$  and pick C > 0 depending only on h and d such that

$$(h/2)$$
Vol $B(a, (1/2 - 2C)R) > d^{2CR},$ 

for any ball centered at any  $a \in M$ .

Let a,b be two points that realize the diameter of M, and  $\gamma$  a geodesic between a and b. Let m be the midpoint of  $\gamma$ . Pick a ball B of radius r'  $CR \leq r' \leq 2CR$  around m, for which  $\operatorname{Area}(\partial B) < d^{2CR}$ . Such an r' exists because of the volume upper bound in terms of d and the fact that  $\operatorname{Vol}(B) = \int_0^{r'} \operatorname{Area}(\partial B(m,r)) dr$ . The distance from a to b is at least a. Hence the distance from a to a is at least a in a

$$d_{M\setminus B}(a,b) \ge c_{\delta}^{CR},$$

(the actual bound in Gromov (1987) is  $\delta(2^{CR/\delta}-2)$ ). Now assume

$$\operatorname{Vol}_{M \setminus B}(B(a, d_{G \setminus B}(a, b)/2)) \le \operatorname{Vol}_{M \setminus B}(B(b, d_{G \setminus B}(a, b)/2)).$$

That is, the Volume of the ball in  $M \setminus B$  centred at a of half the distance in  $M \setminus B$ , from a to b, is not bigger than the volume of the similar ball centered at b. Now let  $A(n) = B_{M \setminus B}(a, n) \setminus B_{M \setminus B}(a, n-1)$ . Thus, for any  $n < d_{M \setminus B}(a, b)/2$ , by integrating the areas of  $\partial (B_{M \setminus B}(a, r))$ ,  $n-1 \le r \le n$ ,

$$\operatorname{Vol}(A(n)) \ge h \operatorname{Vol}(B_{M \setminus B}(a, n-1)) - \operatorname{Area}(\partial B).$$

Yet C was chosen so that for  $r \ge (1/2 - 2C)R$ ,

$$Area(\partial B) \le (h/2) VolB(a, (1/2 - 2C)R) \le (h/2) Vol(B_{G \setminus B}(a, r)).$$

(For r < (1/2 - 2C)R),  $B_{M \setminus B}(a, r)$  is disjoint from B). So for  $n \le d_{M \setminus B}(a, b)/2$ ,

$$Vol(B_{M\backslash B}(a,n)) > (1+h/2)Vol(B_{M\backslash B}(a,n-1)).$$

We get then,

$$d^{R} \ge \text{Vol}(M) \ge (1 + h/2)^{d_{M \setminus B}(a,b)/2}$$
  
  $\ge (1 + h/2)^{c_{\delta}^{CR}/2},$ 

which forces an upper bound on the diameter R in terms of d,h and  $\delta$ .

# Acknowledgement

As always, thanks to Oded Schramm for useful advice.

## References

- [1] I. Benjamini, Expanders are not hyperbolic, Israel J. Math., to appear.
- [2] I. Chavel, Riemannian geometry, a modern introduction, Cambridge Tracts in Mathematics, 108, Cambridge University Press, Cambridge, 1993.
- [3] M. Gromov, Hyperbolic groups, Essays in group theory, pp. 75–263, Math. Sci. Res. Inst. Publ. 8, Springer, 1987.

WEIZMANN INSTITUTE, REHOVOT, ISRAEL 76100 E-mail address: itai@wisdom.weizmann.ac.il