

Density of a minimal submanifold and total curvature of its boundary

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Given a piecewise smooth submanifold $\Gamma^{n-1} \subset \mathbb{R}^m$ and $p \in \mathbb{R}^m$, we define the *vision angle* $\Pi_p(\Gamma)$ to be the $(n-1)$ -dimensional volume of the radial projection of Γ to the unit sphere centered at p . If p is a point on a stationary n -rectifiable set $\Sigma \subset \mathbb{R}^m$ with boundary Γ , then we show the density of Σ at p is \leq the density at its vertex p of the cone over Γ . It follows that if $\Pi_p(\Gamma)$ is less than twice the volume of S^{n-1} , for all $p \in \Gamma$, then Σ is an embedded submanifold. As a consequence, we prove that given two n -planes R_1^n, R_2^n in \mathbb{R}^m and two compact convex hypersurfaces Γ_i of $R_i^n, i = 1, 2$, a nonflat minimal submanifold spanned by $\Gamma := \Gamma_1 \cup \Gamma_2$ is embedded.

1. Introduction

Fenchel [F1] showed that the total curvature of a closed space curve $\gamma \subset \mathbb{R}^m$ is at least 2π , and it equals 2π if and only if γ is a plane convex curve. Fáry [Fa] and Milnor [M] independently proved that a simple knotted regular curve has total curvature larger than 4π . These two results indicate that a Jordan curve which is curved at most *double* the minimum is isotopically simple. But in fact minimal surfaces spanning such Jordan curves must be simple as well. Indeed, Nitsche [N] showed that an analytic Jordan curve in \mathbb{R}^3 with total curvature at most 4π bounds exactly one minimal disk. Moreover, Ekholm, White and Wienholtz [EWW] proved that a minimal surface spanning such a Jordan curve in \mathbb{R}^m is embedded.

Given an n -dimensional submanifold M of \mathbb{R}^m , there are two well-studied ways of defining the total curvature of M : the higher-dimensional Gauss-Bonnet integral $\int_M \Omega$ as defined in [AW] and [C1]; and the total absolute curvature of M , $\int_M K^* dV_M$ as defined by Chern and Lashof in [CL] (see section 2 below). Chern and Lashof proved that $\int_M K^* dV_M \geq 2$, with equality if and only if M is a convex hypersurface in an $(n+1)$ -dimensional plane.

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Eells and Kuiper have shown that if $\int_M K^* dV_M < 3$ then M is homeomorphic to \mathbb{S}^n and that if $\int_M K^* dV_M < 4$ then M is homeomorphic to \mathbb{S}^n , $\mathbb{R}P^n$, $\mathbb{C}P^{n/2}$, $\mathbb{H}P^{n/4}$ or to $CayP^2$ (for $n = 16$). [EK].

In the light of Ekholm-White-Wienholtz's theorem, it is quite natural to conjecture that *an n -dimensional minimal submanifold $\Sigma \subset \mathbb{R}^m$ spanning a compact connected submanifold Γ^{n-1} with total absolute curvature < 4 is embedded*. In this paper we prove a theorem in the spirit of this conjecture: given two n -planes R_1^n, R_2^n in \mathbb{R}^m and two compact convex hypersurfaces Γ_i^{n-1} of $R_i^n, i = 1, 2$, a nonflat minimal submanifold spanned by $\Gamma := \Gamma_1 \cup \Gamma_2$ is embedded.

In [Fa] Fáy showed that the total curvature of a space curve γ in \mathbb{R}^m is equal to the average over all 2-planes $R^2 \subset \mathbb{R}^m$ of the total curvature of the orthogonal projection of γ onto the R^2 . We shall use an extension of Fáy's theorem, due to Langevin and Shifrin [LS], which shows that given an $(n-1)$ -dimensional submanifold Γ of \mathbb{R}^m , the total absolute curvature of Γ equals the average over all n -planes $R^n \subset \mathbb{R}^m$ of the total absolute curvature of the orthogonal projection of Γ into the n -plane R^n .

2. Total absolute curvature

Consider a submanifold M^n of Euclidean space \mathbb{R}^m . As discussed above, in high dimension and codimension we discuss two types of total curvature: one intrinsic (Allendörfer-Weil-Chern-Gauss-Bonnet), and one extrinsic (Chern-Lashof). In this section we shall review Chern-Lashof's total absolute curvature. This total curvature may be understood in terms of Gauss-Kronecker curvature of hypersurfaces.

Let M^n be an oriented hypersurface immersed in \mathbb{R}^{n+1} . A unit normal vector ν to M at $p \in M$ defines the Gauss map $G_1 : M \rightarrow \mathbb{S}^n$. The determinant of the differential G_{1*} , or of the second fundamental form of M , is called the *Gauss-Kronecker curvature* of M , which we shall denote GK_M . It follows that for M compact,

$$\int_M GK_M dV_M = c_n \deg(G_1), \quad c_n := \text{Vol}(\mathbb{S}^n).$$

Furthermore, if n is even, H. Hopf [H] showed

$$(1) \quad \int_M GK_M dV_M = \frac{1}{2} c_n \chi(M).$$

Now let M be an n -dimensional submanifold of \mathbb{R}^m . The volume form of the unit normal bundle N_1M of M is $dV_M \wedge d\sigma_{m-n-1}$ where the restriction of $d\sigma_{m-n-1}$ to a fiber of N_1M at p is the volume form of the sphere of unit normal vectors at $p \in M$. Define the Gauss map $G_1 : N_1M \rightarrow \mathbb{S}^{m-1}$ by $G_1(p, \nu) = \nu$ and let $d\sigma_{m-1}$ be the volume form of \mathbb{S}^{m-1} . Then the *Lipschitz-Killing curvature* $G(p, \nu)$ of M at (p, ν) is defined to be the scalar $G(p, \nu)$ such that

$$G_1^*(d\sigma_{m-1}) = G(p, \nu) dV_M \wedge d\sigma_{m-n-1}.$$

Then $G(p, \nu)$ is exactly the volume expansion ratio of G_1 , that is,

$$G(p, \nu) = \lim_{D \rightarrow \{p\}} \frac{\text{Vol}(G_1(D))}{\text{Vol}(D)},$$

where $\text{Vol}(G_1(D))$ denotes the signed volume of $G_1(D)$. In fact, $G(p, \nu)$ has the following geometric interpretation [CL]: $G(p, \nu)$ is equal to the Gauss-Kronecker curvature at p of the orthogonal projection of M onto the $(n+1)$ -dimensional plane $L(\nu)$ spanned by T_pM and ν .

Let π be the canonical projection of N_1M into M . The integrals

$$\begin{aligned} K(p) &:= \frac{1}{c_{m-1}} \int_{\pi^{-1}(p)} G(p, \nu) d\sigma_{m-n-1} \quad \text{and} \\ K^*(p) &:= \frac{1}{c_{m-1}} \int_{\pi^{-1}(p)} |G(p, \nu)| d\sigma_{m-n-1} \end{aligned}$$

are called the *total curvature* and the *total absolute curvature* of M at p , respectively. The integrals

$$\tau(M) := \int_M K dV_M, \quad \text{and} \quad \tau^*(M) := \int_M K^* dV_M$$

are called the *total curvature* and the *total absolute curvature of M* , respectively. Lipschitz and Killing have shown that $K(p)$ is an intrinsic quantity of M at p for n even (see [SS] for a more general result). However, $K(p) = 0$ for n odd. Both $\tau(M)$ and $\tau^*(M)$ remain unchanged even if the ambient space \mathbb{R}^m is embedded into \mathbb{R}^k , $k > m$.

For $M^n \subset \mathbb{R}^m$, Fenchel [F2] generalized Hopf's theorem (1):

$$(2) \quad \int_M K dV_M = \chi(M).$$

In contrast, Chern and Lashof [CL] proved that

$$(3) \quad \int_M K^* dV_M \geq 2,$$

with equality if and only if M is a convex hypersurface in an $(n + 1)$ -dimensional plane, and that if $\int_M K^* dV_M < 3$ then M is homeomorphic to S^n . Moreover, Morse theory tells us that

$$\int_M K^* dV_M \geq \sum_i \beta_i,$$

where β_i is the i -th Betti number of M ([W], Theorem 28).

3. Vision angle versus average density

A minimal submanifold Σ^n in \mathbb{R}^m has the remarkable property that the density of Σ at $p \in \Sigma$ is bounded above by that of the cone $C = p \ast \partial \Sigma$ at its vertex p . (We assume that Σ with its boundary is compact.) Recall that the *density* of Σ is defined as

$$\Theta_\Sigma(p) = \lim_{r \rightarrow 0} \frac{\text{Vol}(\Sigma \cap B_r^m(p))}{\text{Vol}(B_r^n(p))}.$$

Further, the density of a cone C has the interesting property that it equals the average of the densities of the orthogonal projections of C onto n -planes in \mathbb{R}^m . These properties will be verified in this section.

In what follows, we shall write $\bar{\nabla}$ for the Euclidean connection on \mathbb{R}^m , and $\nabla = \nabla_M$ for the induced connection on a submanifold M .

Lemma 1. *Let Σ be an n -dimensional minimal submanifold of \mathbb{R}^m , p a point of \mathbb{R}^m , and C an n -dimensional piecewise smooth cone with vertex p . Define the Euclidean distance function $r(x) = \text{dist}(p, x), x \in \mathbb{R}^m$. Let $Y_1 = r \bar{\nabla} r$ and $Y_2 = r^{1-n} \bar{\nabla} r$, and define $\text{div}_\Sigma Y_i = \text{tr}_\Sigma \bar{\nabla} Y_i = \sum_j \langle \bar{\nabla}_{e_j} Y_i, e_j \rangle, \{e_1, \dots, e_n\}$ being an orthonormal frame of Σ . Then*

- (a) *On Σ , $\text{div}_\Sigma Y_1 = n$ and $\text{div}_\Sigma Y_2 \geq 0$;*
- (b) *On C , $\text{div}_C Y_1 = n$ and $\text{div}_C Y_2 = 0$.*

We require that C be piecewise smooth, that is, a topological manifold which has a triangulation into simplices that are C^2 up to their boundaries.

Proof. Given an n -dimensional submanifold $M \subset \mathbb{R}^m$, it is well known that

$$\Delta_M x := (\Delta_M x_1, \dots, \Delta_M x_m) = \vec{H},$$

where \vec{H} is the mean curvature vector of M , the trace of its second fundamental form. Hence the orthogonal coordinate functions x_1, \dots, x_m of \mathbb{R}^m are harmonic on a minimal submanifold Σ^n of \mathbb{R}^m . If we take p as the origin, then since $\vec{H} = 0$ on Σ ,

$$\begin{aligned} \operatorname{div}_\Sigma(Y_1) &= \operatorname{div}_\Sigma(r\bar{\nabla}r) = \frac{1}{2}\Delta_\Sigma r^2 + \langle r\bar{\nabla}r, \vec{H} \rangle \\ &= \frac{1}{2} \sum \Delta_\Sigma x_i^2 = \sum x_i \Delta_\Sigma x_i + \sum |\nabla x_i|^2 = n. \end{aligned}$$

On the cone C , since \vec{H} is perpendicular to $r\bar{\nabla}r = x \in C$, we have

$$\begin{aligned} \operatorname{div}_C(Y_1) &= \operatorname{div}_C(r\bar{\nabla}r) = \frac{1}{2}\Delta_C r^2 + \langle r\bar{\nabla}r, \vec{H} \rangle \\ &= \frac{1}{2} \sum \Delta_C x_i^2 = \langle x, \vec{H} \rangle + \sum |\nabla x_i|^2 = n. \end{aligned}$$

On the other hand, for $M = \Sigma$ or C ,

$$\begin{aligned} \operatorname{div}_M Y_2 &= \operatorname{div}_M(r^{-n}Y_1) = -nr^{-n-1}\langle \nabla r, Y_1 \rangle + r^{-n}\operatorname{div}_M(Y_1) \\ &= nr^{-n}(-|\nabla r|^2 + 1). \end{aligned}$$

Note that $|\nabla r| \leq 1$ on $M = \Sigma$ and $|\nabla r| \equiv 1$ on $M = C$. This completes the proof. □

Theorem 1. *Let Σ be a stationary n -rectifiable set with boundary Γ in \mathbb{R}^m , an open dense subset of Σ being a smooth minimal submanifold. Let C be the cone $p \ast \Gamma$, $p \in \mathbb{R}^m$. Then*

$$\Theta_\Sigma(p) \leq \Theta_C(p),$$

with equality if and only if $\Sigma = C$ and C is star-shaped with respect to p .

Proof. Compute the first variation of volume with respect to the (Lipschitz continuous) variation vector field

$$Y := r^{1-n} \bar{\nabla} r \quad \text{for } r \geq \varepsilon$$

and

$$Y := \varepsilon^{-n} r \bar{\nabla} r \quad \text{for } r \leq \varepsilon.$$

Then the first variation of Σ with respect to the flow with velocity field Y [Si, p. 80] is

$$\int_{\Sigma} \operatorname{div}_{\Sigma} Y \, dV_{\Sigma},$$

which must equal

$$\int_{\Gamma} \langle Y, \nu_{\Sigma} \rangle \, dV_{\Gamma},$$

where ν_{Σ} is the outward unit normal vector to Γ tangent to Σ .

Computing the divergence on smooth subsets of the stationary set Σ , we find by Lemma 1 (a)

$$(4) \quad \operatorname{div}_{\Sigma} Y \geq 0 \quad \text{for } r \geq \varepsilon,$$

with equality at points where $\bar{\nabla} r$ lies in the tangent space, and

$$\operatorname{div}_{\Sigma} Y = n\varepsilon^{-n} \quad \text{for } r \leq \varepsilon.$$

It follows that for each small ε ,

$$(5) \quad \frac{\operatorname{Vol}(\Sigma \cap B_{\varepsilon}(p))}{|B_1^n| \varepsilon^n} \leq \frac{1}{n|B_1^n|} \int_{\Gamma} r^{1-n} \langle \bar{\nabla} r, \nu_{\Sigma} \rangle \, dV_{\Gamma}, \quad |B_1^n| := \operatorname{Vol}(B_1^n(0)).$$

Now apply Stokes' theorem to the integral of $\operatorname{div}_C Y$ on C :

$$\int_C \operatorname{div}_C Y \, dV_C = \int_{\partial C} \langle Y, \nu_C \rangle = \int_{\Gamma} \langle Y, \nu_C \rangle,$$

where ν_C is the outward unit conormal to Γ on C . Therefore, by Lemma 1(b)

$$(6) \quad \frac{\operatorname{Vol}(C \cap B_{\varepsilon}(p))}{|B_1^n| \varepsilon^n} = \frac{1}{n|B_1^n|} \int_{\Gamma} r^{1-n} \langle \bar{\nabla} r, \nu_C \rangle \, dV_{\Gamma}.$$

Note here that

$$0 \leq \langle \bar{\nabla} r, \nu_C \rangle$$

and

$$(7) \quad \langle \bar{\nabla}r, \nu_\Sigma \rangle \leq \langle \bar{\nabla}r, \nu_C \rangle.$$

Thus, letting $\varepsilon \rightarrow 0$ in inequality (5) and equation (6), we get the desired density estimate. If equality holds, then we must have equality in inequalities (4) and (7), which implies $\Sigma = C$ and $\partial r / \partial \nu \geq 0$. \square

Definition 1. Let π_p be the radial projection of $\mathbb{R}^m \setminus \{p\}$ onto $\partial B_1(p)$, the unit sphere centered at $p \in \mathbb{R}^m$. Define the *vision angle at p* of an $(n - 1)$ -rectifiable set $\Gamma \subset \mathbb{R}^m$ by

$$\Pi_p(\Gamma) = \text{Vol}(\pi_p(\Gamma)),$$

and the *vision angle* of Γ by

$$\Pi(\Gamma) = \sup_{p \in \mathbb{R}^m} \Pi_p(\Gamma).$$

Here the volume $\text{Vol}(\pi_p(\Gamma))$ counts multiplicity.

Clearly we have for any $p \in \mathbb{R}^m$ and $C := p \ast \Gamma$

$$c_{n-1} \Theta_C(p) = \Pi_p(\Gamma^{n-1}) \leq \Pi(\Gamma), \quad c_{n-1} := \text{Vol}(\mathbb{S}^{n-1}),$$

and hence we get the following corollaries to Theorem 1.

Corollary 1. *If $\Gamma \subset \mathbb{R}^m$ is an $(n - 1)$ -dimensional compact manifold, then any stationary rectifiable set Σ spanning Γ satisfies*

$$c_{n-1} \Theta_\Sigma(p) \leq \Pi_p(\Gamma)$$

for all $p \in \Sigma$.

Corollary 2. *If $\Gamma \subset \mathbb{R}^m$ is an $(n - 1)$ -dimensional compact manifold with $\Pi(\Gamma) < 2c_{n-1}$, then any immersed minimal submanifold Σ spanning Γ is embedded.*

Proof. An immersed submanifold Σ with density $\Theta_\Sigma(q) < 2$ at each point $q \in \mathbb{R}^m$ has no self-intersection. \square

Remark. It may appear inappropriate to view $\Pi(\Gamma)$ as a total curvature. But it has its own merit, as the following example demonstrates. Define an

immersed closed C^1 curve $\gamma \subset \mathbb{R}^2$ (the unit square plus four small loops at the corners) by

$$\begin{aligned} \gamma &= \partial([-1, 1]^2) \cup \{(x, y) : |x| > 1, |y| > 1, \\ &\quad [(|x| - 1)^2 + (|y| - 1)^2]^{3/2} = \varepsilon(|x| - 1)(|y| - 1)\} \end{aligned}$$

and define a Jordan curve $\Gamma \subset \mathbb{R}^n$ to be an embedded C^2 curve C^1 -close to γ . Then for small ε ,

$$\int_{\Gamma} |\vec{k}| ds > 6\pi, \quad \text{however,} \quad \Pi(\Gamma) \approx 3\pi.$$

Hence by Corollary 2 any immersed minimal surface Σ spanning Γ is embedded since $2c_1 = 4\pi$, although the Ekhholm-White-Wienholtz theorem [EWW] cannot give the same conclusion.

Let $G_n(\mathbb{R}^m)$ denote the *Grassmann manifold* of n -planes through the origin in \mathbb{R}^m , equipped with the unique $\mathbb{O}(m)$ -invariant probability measure, and let $\text{Ave}_{P \in G_n(\mathbb{R}^m)}$ be the average over all $P \in G_n(\mathbb{R}^m)$. Denote by ψ_P the orthogonal projection of \mathbb{R}^m onto $P \in G_n(\mathbb{R}^m)$.

Lemma 2. *Let \mathbb{S}^{n-1} be the unit sphere in $\mathbb{R}^n \subset \mathbb{R}^m$ centered at the origin O of \mathbb{R}^m and let D be a domain in \mathbb{S}^{n-1} . Then*

$$\text{Ave}_{P \in G_n(\mathbb{R}^m)} \{ \Theta_{\psi_P(O \times D)}(O) \} = \Theta_{O \times D}(O).$$

Proof. Assume that $a(D) > 0$ is a positive real number such that

$$(8) \quad \text{Ave}_{P \in G_n(\mathbb{R}^m)} \{ \Theta_{\psi_P(O \times D)}(O) \} = a(D) \cdot \Theta_{O \times D}(O).$$

Letting D shrink to a point $x \in \mathbb{S}^{n-1}$, one can define a function $a : \mathbb{S}^{n-1} \rightarrow \mathbb{R}$ given by

$$a(x) := \lim_{D \rightarrow \{x\}} \frac{\text{Ave}_{P \in G_n(\mathbb{R}^m)} \{ \Theta_{\psi_P(O \times D)}(O) \}}{\Theta_{O \times D}(O)}.$$

Then, by means of a partition of unity by functions of small support, one can see that

$$a(D) = \frac{\int_D a(x) dV_{\mathbb{S}^{n-1}}}{\text{Vol}(D)}.$$

Note here that $\mathbb{O}(n)$ is transitive on \mathbb{S}^{n-1} and that the elements of $\mathbb{O}(n)$ preserve the volume form $dV_{\mathbb{S}^{n-1}}$ on \mathbb{S}^{n-1} . Therefore one concludes that for

all $x \in \mathbb{S}^{n-1}$,

$$a(x) \equiv c \quad \text{for a positive constant } c$$

and hence for any domain $D \subset \mathbb{S}^{n-1}$,

$$a(D) \equiv c.$$

Therefore it follows from equation (8) that

$$(9) \quad \text{Ave}_{P \in G_n(\mathbb{R}^m)} \{ \Theta_{\psi_P(O \times D)}(O) \} = c \cdot \Theta_{O \times D}(O)$$

for any domain $D \subset \mathbb{S}^{n-1}$. However, for almost all $P \in G_n(\mathbb{R}^m)$,

$$\Theta_{\psi_P(O \times \mathbb{S}^{n-1})}(O) = \Theta_{O \times \mathbb{S}^{n-1}}(O) = 1.$$

Thus $c = 1$ in equation (9), which completes the proof. □

Theorem 2. *Let $\Gamma^{n-1} \subset \mathbb{R}^m$ be a compact submanifold. Then*

$$\Pi_q(\Gamma^{n-1}) = \text{Ave}_{P \in G_n(\mathbb{R}^m)} \{ \Pi_{\psi_P(q)}(\psi_P(\Gamma)) \}.$$

Proof. The cone $q \times \Gamma$ can be thought of as a union of infinitesimal cones $q \times \Delta \Gamma_i$ and then one can apply Lemma 2 to each $q \times \Delta \Gamma_i$. Hence

$$\begin{aligned} \Pi_q(\Gamma) &= c_{n-1} \Theta_{q \times \Gamma}(q) \\ &= c_{n-1} \text{Ave}_{P \in G_n(\mathbb{R}^m)} \{ \Theta_{\psi_P(q \times \Gamma)}(\psi_P(q)) \} \\ &= \text{Ave}_{P \in G_n(\mathbb{R}^m)} \{ \Pi_{\psi_P(q)}(\psi_P(\Gamma)) \}. \end{aligned}$$

□

We shall also require the following generalization of F ary's theorem to any dimension n and to any codimension $m - n$, which was proved by Langevin and Shifrin ([LS], Proposition 2.15):

Theorem LS. *Let Γ^{n-1} be a smooth submanifold of $\mathbb{R}^m, m \geq n$. Then*

$$\frac{c_{n-1}}{2} \int_{\Gamma} K^* dV_{\Gamma} = \text{Ave}_{P \in G_n(\mathbb{R}^m)} \int_{\psi_P(\Gamma)} |GK_{\psi_P(\Gamma)}| dV_{\psi_P(\Gamma)}.$$

4. Embeddedness of minimal submanifolds

It is tempting to propose a higher-dimensional extension of Ekholm-White-Wienholtz’s theorem as follows:

Conjecture. If $q \in \Sigma$, a minimal submanifold of \mathbb{R}^m spanning an $(n - 1)$ -dimensional compact manifold Γ , then

$$\Theta_\Sigma(q) \leq \frac{1}{2} \int_\Gamma K^* dV_\Gamma.$$

If this were known, one could prove the following as well:

If an $(n - 1)$ -dimensional compact connected manifold Γ satisfies $\int_\Gamma K^ dV_\Gamma < 4$, then any immersed minimal submanifold Σ spanning Γ is embedded.*

Conjecture seems to be hard to prove as yet.

However, if we let Γ_i be a compact convex hypersurface of an affine n -plane $R_i^n \subset \mathbb{R}^m$, $i = 1, 2$, and define $\Gamma = \Gamma_1 \cup \Gamma_2$, then we may prove Conjecture for this case. Our proof uses the vision angle of Γ from a point of Σ , and averages over projections onto all n -dimensional subspaces P of \mathbb{R}^m . Namely, for $i = 1, 2$,

$$(10) \quad \Pi_{\psi_P(q)}(\psi_P(\Gamma_i)) \leq c_{n-1} = \int_{\psi_P(\Gamma_i)} |GK_{\psi_P(\Gamma_i)}| dV_{\psi_P(\Gamma_i)},$$

since $\psi_P(\Gamma_i)$ is a convex hypersurface in $\psi_P(R_i^n)$. Here equality holds for all P if and only if q is in R_i^n and inside Γ_i . Thus we have the following:

Theorem 3. *Given two n -planes R_1^n, R_2^n in \mathbb{R}^m , let Γ_i be a compact convex hypersurface in R_i^n , $i = 1, 2$. If $\Gamma = \Gamma_1 \cup \Gamma_2$, then any n -dimensional minimal submanifold Σ spanning Γ is either a union of two flat domains of R_i^n or is nonflat and has no self intersection.*

Proof. We may compute that

$$\int_\Gamma K^* dV_\Gamma = \sum_{i=1,2} \int_{\Gamma_i} K^* dV_{\Gamma_i} = 4.$$

Thus by inequality (10) and Corollary 1 we have $\Theta_\Sigma \leq 2$. If $\Theta_\Sigma = 2$, inequality (10) and Corollary 1 imply Σ is flat. If $\Theta_\Sigma < 2$, Σ is nonflat and has no self intersection. \square

Remark. It should be mentioned that R. Schoen [Sc] proved a theorem which implies a special case of Theorem 3:

If $\Gamma = \Gamma_1 \cup \Gamma_2$ where Γ_1, Γ_2 are $(n - 1)$ -spheres in parallel n -planes with the line ℓ joining their centers being orthogonal to these hyperplanes, then any immersed minimal submanifold Σ^n spanning Γ is a hypersurface of revolution with axis ℓ . In particular, Σ is a catenoid or a pair of plane disks.

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